

Event 2 Boys 4k Run CC

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1 Tyler Italiano	12	Syosset	5:46.5	13:07.33	1
2 Jack Robbins	12	Syosset	5:57.7	13:32.82	2
3 John Weed	12	VS Central	5:58.3	13:34.31	3
4 William Long	11	Syosset	6:07.0	13:53.90	4
5 William Anderson	12	Syosset	6:07.1	13:54.14	5
6 Joe Hunt	11	Farmingdale	6:29.9	14:45.99	6
7 Claude Parola	10	VS Central	6:33.8	14:54.83	7
8 Ted Michaels	10	Farmingdale	6:36.6	15:01.25	8
9 Alexander Hoelzli	12	Syosset	6:37.9	15:04.20	9
10 Luke Skorka	11	Syosset	6:38.1	15:04.60	10
11 Billy Heberer	12	Syosset	6:38.2	15:04.91	11
12 Daniel Newman	11	Syosset	6:38.3	15:05.16	
13 Michael Newman	11	Syosset	6:38.4	15:05.40	
14 Miles Conforti	11	Syosset	6:39.0	15:06.79	
15 Michael Rubin	11	Plainview	6:40.2	15:09.39	12
16 Josh Wicker	11	Plainview	6:40.6	15:10.37	13
17 Justin Mirville	11	VS Central	6:41.2	15:11.81	14
18 Daniel Gilburne	12	Plainview	6:44.9	15:20.09	15
19 Sam Iryami	11	Plainview	6:46.3	15:23.33	16
20 Alex Hilbert	12	Plainview	6:52.9	15:38.22	17
21 Ryan Kerin	11	Plainview	6:53.0	15:38.46	18
22 Alex Preistley	10	Farmingdale	6:56.6	15:46.63	19
23 Ryan Zanalotti	10	Farmingdale	6:57.1	15:47.79	20
24 Albert Morales	11	VS Central	6:57.8	15:49.45	21
25 Thomas Ensmenger	12	Plainview	7:00.9	15:56.43	22
26 Sam Croes	10	Farmingdale	7:01.4	15:57.67	23
27 Bryan Davidson	11	Plainview	7:13.1	16:24.22	
28 Matthew Mahabir	10	VS Central	7:13.2	16:24.47	24
29 Tyrese Haspil	10	VS Central	7:18.2	16:35.87	25
30 Michael Brown	10	Farmingdale	7:21.7	16:43.81	26
31 Christian Capobianco	10	Farmingdale	7:22.7	16:46.03	27
32 Josh Halilej	12	Plainview	7:34.2	17:12.14	
33 Antoine Jean-Louis	9	VS Central	7:35.1	17:14.14	28
34 Felipe Custudio	12	VS Central	7:35.7	17:15.54	
35 Collin Jones	11	VS Central	7:36.4	17:17.23	
36 Matthew Sternberg	12	Plainview	7:40.1	17:25.48	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Syosset	21	1	2	4	5	9	10	11		
	Total Time:	1:09:32.39									
	Average:	13:54.48									
2	VS Central	69	3	7	14	21	24	25	28		
	Total Time:	1:15:54.87									
	Average:	15:10.98									
3	Plainview	73	12	13	15	16	17	18	22		
	Total Time:	1:16:41.40									
	Average:	15:20.28									
4	Farmingdale	76	6	8	19	20	23	26	27		

Total Time: 1:17:19.33  
 Average: 15:27.87

Conference 3 Results 4000 Run

1	Kieran McCarthy	12	South Side	6:17.9	14:18.67	1
2	Vincent Amoroso	11	Lawrence	6:44.1	15:18.33	
3	Brendan Kelly	11	Lynbrook	6:47.1	15:25.13	2
4	Luke Germanakos	12	Lynbrook	6:50.3	15:32.42	3
5	Griffin Kearney	10	Lynbrook	6:50.7	15:33.28	4
6	Yossi Levy	11	Hewlett	6:55.3	15:43.71	5
7	Pat Coleman	12	South Side	7:04.0	16:03.44	6
8	Harrison Kravis	11	South Side	7:10.5	16:18.41	7
9	Chris Collins	9	South Side	7:12.5	16:22.85	8
10	Joshua Curtis	10	South Side	7:14.6	16:27.59	9
11	Jack Sullivan	10	Lynbrook	7:15.0	16:28.49	10
12	Jeremy Barnes	12	Hewlett	7:19.7	16:39.12	11
13	Tyler Drucker	11	Hewlett	7:21.3	16:42.80	12
14	Kyle Shutkind	11	South Side	7:21.4	16:43.19	13
15	Nolan Tiss	11	South Side	7:26.2	16:53.92	14
16	Kevin Cribbin	12	Lynbrook	7:28.8	17:00.00	15
17	Brian Ruvolo	11	Hewlett	7:45.6	17:37.99	16
18	Alec Krueger	10	Hewlett	7:45.9	17:38.85	17
19	Mitchell Donofrio	12	South Side	7:49.8	17:47.53	
20	Jake Schweitzer	9	Hewlett	7:49.9	17:47.91	18
21	Luke Shannon	9	South Side	7:50.3	17:48.67	
22	Jack Long	10	Lynbrook	7:55.1	17:59.58	19
23	Will Stern	11	South Side	7:57.0	18:04.01	
24	Justin Sprague	9	Lynbrook	8:05.9	18:24.13	20
25	Fernando Fajardo	11	Lawrence	8:39.1	19:39.76	
26	Nicholas Colliniates	11	Lawrence	8:47.4	19:58.63	
27	Edward O Toole	10	Hewlett	9:35.9	21:48.74	21

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 3 Results 4000 Run											
1	South Side	31	1	6	7	8	9	13	14		
	Total Time:	1:19:30.96									
	Average:	15:54.20									
2	Lynbrook	34	2	3	4	10	15	19	20		
	Total Time:	1:19:59.32									
	Average:	15:59.87									
3	Hewlett	61	5	11	12	16	17	18	21		
	Total Time:	1:24:22.47									
	Average:	16:52.50									

Event 3 Boys 4k Run CC

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1	Will	Baldwin	6:01.0	14:57.13	1
2	Frank	Baldwin	6:01.5	14:58.29	2
3	Daniel	Freeport	6:10.6	15:21.03	3
4	Clifford	Baldwin	6:16.5	15:35.66	4
5	Bredan	Oceanside	6:19.2	15:42.49	5

6	James Hamilton	12	Oceanside	6:29.6	16:08.26	6
7	Jeremy Stein	10	Oceanside	6:33.6	16:18.21	7
8	John Quinn	12	Baldwin	6:35.7	16:23.41	8
9	John Grossi	11	Oceanside	6:44.8	16:46.11	9
10	Ricky Tishler	12	Oceanside	6:46.3	16:49.66	10
11	Chris Dasaro	11	Oceanside	6:46.8	16:51.04	11
12	Quincy Moore	10	Freeport	6:47.2	16:52.05	12
13	Justin Iovino	12	Oceanside	6:53.8	17:08.48	13
14	Sean Clerici	12	Oceanside	6:54.2	17:09.33	
15	Dante Ellis	10	Freeport	6:54.4	17:09.90	14
16	Tyler Tomlinson	11	Freeport	6:54.7	17:10.71	15
17	Joshua Farley	10	Freeport	7:01.9	17:28.50	16
18	Kristian Nilsen	10	Oceanside	7:07.2	17:41.60	
19	Raymond Lopez	12	Freeport	7:16.7	18:05.41	17
20	Manfred Jolin	12	Freeport	7:18.5	18:09.79	18
21	Blake Kitchen	12	Baldwin	7:36.9	18:55.63	19
22	Eddie Diaz	11	Freeport	7:45.5	19:16.82	
23	Bakhtawar Khan	12	Baldwin	7:58.1	19:48.10	20
24	Agostinho Micolo	12	Freeport	8:04.3	20:03.55	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Baldwin	34	1	2	4	8	19	20			
	Total Time:										
	Average:										
2	Oceanside	37	5	6	7	9	10	11	13		
	Total Time:										
	Average:										
3	Freeport	60	3	12	14	15	16	17	18		
	Total Time:										
	Average:										

Conference 3 Results 4000 Run

1	Scott Pourshalchi	12	Roslyn	5:36.2	13:55.50	1
2	Carter Paterson	12	Manhasset	5:42.1	14:10.09	2
3	Russell Silva	12	Manhasset	5:47.4	14:23.48	3
4	Tim Courts	11	Manhasset	5:49.2	14:27.89	4
5	Nicholas Harris	9	Manhasset	5:51.5	14:33.64	5
6	Todd Warshawsky	10	Roslyn	5:54.8	14:41.71	6
7	Athan Anderson	11	Manhasset	5:57.0	14:47.24	7
8	Tommy Fruhauf	12	Manhasset	5:57.3	14:47.84	8
9	Ryan Thorpe	9	Manhasset	5:57.9	14:49.53	9
10	John Reddington	12	Manhasset	6:00.0	14:54.65	
11	Daniel Petruso	10	Manhasset	6:03.4	15:03.23	
12	Justin Blanche	10	Manhasset	6:07.5	15:13.23	
13	Nicholas Konzelman	12	Floral Park	6:08.6	15:15.99	10
14	Paul Lubicich	9	Floral Park	6:10.7	15:21.33	11
15	Sahil Anand	12	Roslyn	6:12.3	15:25.28	12
16	Alex Singer	10	Roslyn	6:16.9	15:36.60	13
17	Aaron Czik	11	Roslyn	6:23.0	15:51.73	14
18	Adam Sirota	10	Roslyn	6:26.6	16:00.91	15
19	Marco Echeandia	12	Floral Park	6:29.1	16:07.02	16
20	Daniel Chen	12	Roslyn	6:32.9	16:16.45	17
21	Douglas Rauchenberger	11	Roslyn	6:34.7	16:20.91	
22	Nicholas Furci	11	Roslyn	6:36.2	16:24.62	
23	Daniel Pritzker	12	Roslyn	6:37.7	16:28.39	

24	Brendan Butler	12	Floral Park	6:54.6	17:10.35	18
25	Matt Nardi	11	Floral Park	6:57.5	17:17.54	19
26	Philson Caballes	11	Floral Park	6:57.9	17:18.55	20
27	Mark Goldberg	10	Floral Park	7:52.7	19:34.77	21
28	Thomas McCarthy	10	Floral Park	8:04.7	20:04.52	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 3 Results 4000 Run

1	Manhasset	21	2	3	4	5	7	8	9		
	Total Time:	1:12:22.34									
	Average:	14:28.47									
2	Roslyn	46	1	6	12	13	14	15	17		
	Total Time:	1:15:30.82									
	Average:	15:06.17									
3	Floral Park	74	10	11	16	18	19	20	21		
	Total Time:	1:21:12.23									
	Average:	16:14.45									

Event 4 Boys 4k Run CC

Name	Year	School	Avg Mile	Finals	Points
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Conference 1 Results 4000 Run

1	Peter Kirgis	11	Port Washington	5:30.1	13:40.38	1
2	Andrew Adelhardt	11	Port Washington	5:30.2	13:40.66	2
3	Aaron Siff-Scherr	10	Port Washington	5:30.5	13:41.43	3
4	Jordan Hurt	10	Port Washington	5:34.8	13:52.09	4
5	Ryan Clifford	12	MacArthur	5:36.3	13:55.66	5
6	Joseph Levine	10	Port Washington	5:44.3	14:15.62	6
7	Matt Dolan	11	MacArthur	5:48.6	14:26.44	7
8	Rory Owens	10	Port Washington	5:53.7	14:38.96	8
9	Kevin Wallace	11	MacArthur	5:54.3	14:40.53	9
10	Matthew Kramer	11	Port Washington	6:00.4	14:55.76	10
11	Taro Katayama	12	Port Washington	6:01.5	14:58.32	
12	Tahj Robinson	10	Uniondale	6:02.4	15:00.69	11
13	Alexander Zsikla	9	Port Washington	6:04.9	15:06.96	
14	Elias Feldman	10	Port Washington	6:14.3	15:30.28	
15	David Samet	11	MacArthur	6:17.1	15:37.15	12
16	Daniel Vargas	10	MacArthur	6:19.9	15:44.26	13
17	Jahmal Dennis	10	Uniondale	6:40.8	16:36.04	14
18	Andrew Zabatta	9	MacArthur	6:45.9	16:48.74	15
19	Joe DiNatale	11	MacArthur	6:47.0	16:51.44	16
20	Jake Furnari	9	MacArthur	6:55.0	17:11.45	
21	Jefferey Puriujananon	10	MacArthur	7:05.9	17:38.38	
22	Tyrus Colbert	12	Uniondale	7:24.3	18:24.11	17
23	TeVaghn Owens	12	Uniondale	7:32.3	18:44.11	18
24	Dawshawn Williams	10	Uniondale	8:29.7	21:06.65	19
25	Richie Ragnauth	10	Uniondale	8:32.0	21:12.49	20
26	Ragilio Harriot	11	Uniondale	8:40.3	21:33.14	21

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 1 Results 4000 Run

1	Port Washington	16	1	2	3	4	6	8	10
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Average: 15:56.54

Event 5 Boys 4k Run CC

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1 Michael Grady	12	East Meadow	5:23.4	13:23.76	1
2 Aidan Smith	11	Massapequa	5:31.4	13:43.48	2
3 Timothy Euler	10	East Meadow	5:35.3	13:53.21	3
4 Chris Delgado	12	East Meadow	5:36.7	13:56.69	4
5 Kyle Wrynn	11	East Meadow	5:42.2	14:10.34	5
6 Brandon Eagle	12	East Meadow	5:47.7	14:24.20	6
7 Nick Stankes	12	East Meadow	5:47.8	14:24.46	7
8 Kevin VanVorst	10	Massapequa	5:52.9	14:37.10	8
9 Joseph Tesoriero	11	Massapequa	5:53.7	14:39.07	9
10 Nolan Carey	10	East Meadow	5:56.0	14:44.72	10
11 Tim Eng	12	Massapequa	5:59.6	14:53.57	11
12 Arthur Stanwise	11	Massapequa	6:01.1	14:57.38	12
13 Matt Erman	10	East Meadow	6:01.5	14:58.47	
14 Kyle Senn	12	Massapequa	6:01.7	14:58.86	13
15 Ben Levy	11	East Meadow	6:06.4	15:10.54	
16 Joseph Boroda	11	Massapequa	6:08.1	15:14.71	14
17 Ryan Thompson	10	East Meadow	6:10.2	15:20.10	
18 Thomas Anderson	10	Massapequa	6:13.6	15:28.37	
19 Jake Coleman	11	Massapequa	6:17.2	15:37.46	
20 Jaineel Doshi	11	Hicksville	6:32.1	16:14.45	15
21 Nolan Mingst	10	Hicksville	6:41.7	16:38.34	16
22 Matthew Neubauer	12	Massapequa	6:53.0	17:06.50	
23 Kasper Dworzanczyk	10	Hicksville	6:56.4	17:14.75	17
24 Jonathan Ricca	10	Hicksville	7:00.1	17:23.98	18
25 Michael Scanlon	10	Hicksville	7:03.1	17:31.43	19
26 Daniel Sullivan	10	Hicksville	7:23.9	18:23.28	20
27 Jacob Spsychalski	11	Hicksville	7:37.1	18:55.98	21
28 Justin Chipungco	11	Hicksville	7:37.3	18:56.56	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	East Meadow	19	1	3	4	5	6	7	10		
	Total Time:	1:09:48.20									
	Average:	13:57.64									
2	Massapequa	42	2	8	9	11	12	13	14		
	Total Time:	1:12:50.60									
	Average:	14:34.12									
3	Hicksville	85	15	16	17	18	19	20	21		
	Total Time:	1:25:02.95									
	Average:	17:00.59									

Conference 3 Results 4000 Run

1	Matthew Weinstein	10	Great Neck North	5:47.5	14:23.54	1
2	Blake Woods	12	Glen Cove	5:49.4	14:28.35	2

3	Benjamin Watson	11	Great Neck North	5:53.9	14:39.39	3
4	Daniel Amar	10	Great Neck North	5:56.1	14:45.01	4
5	Dan Midgette	10	Bethpage	6:11.8	15:24.12	5
6	Andrew Kayal	12	Bethpage	6:26.3	16:00.12	6
7	Michael Monteleone	10	Bethpage	6:26.5	16:00.61	7
8	Chris Angelidis	12	Great Neck North	6:39.9	16:33.95	8
9	Harshil Garg	12	Bethpage	6:40.4	16:35.11	9
10	Josh Rosenheck	12	Bethpage	6:43.1	16:41.74	10
11	Jeremy Feith	11	Great Neck North	6:57.5	17:17.48	11
12	Joshua Rubin	9	Great Neck North	6:58.7	17:20.53	12
13	David Shen	11	Great Neck North	6:59.4	17:22.28	13
14	Oliver Besman	9	Great Neck North	7:02.9	17:30.93	
15	Christopher Guevarra	12	Glen Cove	7:05.5	17:37.41	14
16	Daniel Hanover	12	Great Neck North	7:09.6	17:47.75	
17	Dean Cano	12	Bethpage	7:18.2	18:08.98	15
18	Daniel Baboolal	10	Glen Cove	7:22.4	18:19.57	16
19	Samuel Israel	10	Glen Cove	7:35.0	18:50.86	17
20	Jason Wolpow	12	Bethpage	7:36.4	18:54.16	18
21	Andrew Banos	10	Glen Cove	8:29.3	21:05.75	19

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 3 Results 4000 Run											
1	Great Neck North	27	1	3	4	8	11	12	13		
	Total Time:										
	Average:										
2	Bethpage	37	5	6	7	9	10	15	18		
	Total Time:										
	Average:										
3	Glen Cove	68	2	14	16	17	19				
	Total Time:										
	Average:										

Boys 4k Run CC Junior Varsity

Name	Year	School	Avg Mile	Finals	Points	
Conference 1 Results 4000 Run						
1	Anthony Dellutri	11	Syosset	5:53.9	14:39.48	1
2	Evan Garry	11	Syosset	5:54.4	14:40.74	2
3	Alden Aspiras	10	Syosset	5:54.8	14:41.77	3
4	Christopher Florio	11	Syosset	5:55.5	14:43.48	4
5	Mohammed Dewji	12	Syosset	5:56.8	14:46.84	5
6	Ryan Berlin	11	Syosset	5:57.5	14:48.40	6
7	Daniel Lee	10	Syosset	5:58.3	14:50.38	7
8	Herry Prevor	12	Syosset	5:59.6	14:53.80	
9	Ryan Andersen	12	Syosset	6:06.0	15:09.56	
10	Max Chen	11	Syosset	6:06.8	15:11.46	
11	Jacob Grabois	11	Syosset	6:07.4	15:12.96	
12	Raul Mehta	11	Syosset	6:07.5	15:13.41	
13	Chris Dawson	12	Syosset	6:12.1	15:24.63	
14	Will Miranda	10	East Meadow	6:13.5	15:28.17	8
15	Connor Ring	10	East Meadow	6:18.2	15:39.95	9
16	Matthew Johnston	11	Port Washington	6:21.2	15:47.33	10
17	Jake Meyers	9	Plainview	6:22.5	15:50.53	11
18	Anthony Valentino	11	Massapequa	6:26.5	16:00.59	12
19	John Nelson	11	Syosset	6:27.0	16:01.82	

20	Ian Kohs	10	Port Washington	6:27.5	16:03.08	13
21	Jeremy Erman	9	East Meadow	6:29.7	16:08.40	14
22	Grant Bruno	9	Port Washington	6:31.1	16:12.07	15
23	James Bergamine	11	East Meadow	6:31.7	16:13.38	16
24	Michael Sapienza	12	Syosset	6:33.0	16:16.63	
25	Dan Blanco	10	East Meadow	6:33.1	16:16.94	17
26	Eric Rennard	10	Farmingdale	6:33.2	16:17.27	18
27	Henry Burns	10	Port Washington	6:34.6	16:20.69	19
28	Christian Puleio	10	Massapequa	6:35.1	16:21.92	20
29	Spencer Goody	10	Port Washington	6:35.7	16:23.52	21
30	Daniel Young	10	Port Washington	6:36.5	16:25.40	22
31	Brandon Bloecker	12	Plainview	6:36.7	16:25.84	23
32	Carlos Cabrera	10	East Meadow	6:37.0	16:26.59	24
33	Richard LaMothe	12	Farmingdale	6:39.1	16:31.77	25
34	Jake Pulis	9	Massapequa	6:41.2	16:36.97	26
35	David Cohen	10	Plainview	6:41.5	16:37.93	27
36	Alex Devas	10	Port Washington	6:41.7	16:38.22	28
37	Matthew Danielsson	11	Massapequa	6:41.8	16:38.65	29
38	Isaac Facey	10	Baldwin	6:42.0	16:39.04	
39	Mark Dobres	10	Massapequa	6:42.7	16:40.84	30
40	Valentino Nwana	11	Syosset	6:43.0	16:41.62	
41	Darius Kwak	12	Syosset	6:43.1	16:41.92	
42	Kevin Lynch	9	Plainview	6:43.3	16:42.19	31
43	Spencer Leonardi	11	Syosset	6:44.0	16:44.04	
44	John Yevoli	10	Massapequa	6:46.4	16:50.03	32
45	Peter Dugan	10	MacArthur	6:47.8	16:53.37	33
46	Peter Zimbalist	10	Syosset	6:48.5	16:55.10	
47	Neal Attri	12	Syosset	6:49.8	16:58.48	
48	Christopher Hadsall	10	Massapequa	6:51.7	17:03.27	34
49	Dillon Shain	10	Port Washington	6:52.1	17:04.05	
50	Anthony Aiello	10	Port Washington	6:52.2	17:04.30	
51	Dylan Efthimiou	9	East Meadow	6:54.4	17:09.84	35
52	Justin Mayers	10	Port Washington	6:54.8	17:10.86	
53	Ryan Brandow	10	Massapequa	6:55.0	17:11.46	
54	Jared Levine	9	Port Washington	6:55.4	17:12.26	
55	Jordan Balogh	11	Syosset	6:55.7	17:13.00	
56	Matt Harrison	10	East Meadow	6:55.7	17:13.22	
57	Max Kline	11	Syosset	6:56.4	17:14.93	
58	Eric Cantar	10	East Meadow	6:57.1	17:16.54	
59	Gregory Matousek	11	MacArthur	6:58.6	17:20.26	36
60	Cesar Herrera-Campos	10	Farmingdale	7:00.2	17:24.25	37
61	Brian Walsh	9	East Meadow	7:01.2	17:26.88	
62	Jake Block	10	Port Washington	7:01.8	17:28.24	
63	Alex Blanco	10	Farmingdale	7:03.9	17:33.39	38
64	Daniel Rodriguez	10	Farmingdale	7:04.1	17:33.97	39
65	Andrew Peik	9	VS Central	7:05.0	17:36.26	40
66	Jesse Sollinger	9	Port Washington	7:05.9	17:38.54	
67	Thomas Moranzoni	12	Syosset	7:06.2	17:39.20	
68	Samuel Mueck	9	Massapequa	7:06.3	17:39.49	
69	Nathan Abramowitz	9	Port Washington	7:07.0	17:41.15	
70	Sean Bies	10	East Meadow	7:07.6	17:42.75	
71	Troy Benson	10	Plainview	7:09.4	17:47.18	41
72	Jakub Tarlowski	10	Hicksville	7:10.2	17:49.05	42
73	Vincent Pugliano	9	Massapequa	7:10.6	17:50.20	
74	Christian Schiavone	9	Plainview	7:13.7	17:57.90	43
75	Jeremy Rubino	10	Oceanside	7:14.4	17:59.64	44
76	Kevin Park	11	Syosset	7:14.8	18:00.60	
77	Joseph Dupkin	12	Massapequa	7:15.7	18:02.73	
78	Brandon Liu	9	Port Washington	7:16.0	18:03.68	
79	David DiMarco	9	Massapequa	7:16.7	18:05.33	
80	Tyler Noonan	9	Farmingdale	7:17.0	18:06.11	45
81	Nathan Schor	12	Plainview	7:17.7	18:07.71	46
82	Michael Masulli	10	Port Washington	7:18.2	18:08.99	



83	Ryan Catapano	10	Massapequa	7:19.4	18:12.00	
84	Colm Smith	9	Massapequa	7:20.5	18:14.70	
85	Jeffrey Goldstein	11	Plainview	7:20.6	18:15.11	
86	Amit Nacson	11	Plainview	7:21.8	18:18.05	
87	Matthew Rothbort	10	Plainview	7:24.2	18:23.89	
88	Michael Prudente	10	Oceanside	7:28.3	18:34.22	47
89	Kevin Brown	9	Freeport	7:30.4	18:39.48	
90	Chris Peralta	10	VS Central	7:31.1	18:41.02	48
91	Ethan Gerrain	11	Massapequa	7:33.6	18:47.36	
92	Dylan Lebedin	10	Port Washington	7:34.3	18:49.11	
93	Pryansh Raval	9	Hicksville	7:36.0	18:53.28	49
94	Robby Burns	9	Port Washington	7:36.3	18:53.94	
95	John Sandavol	9	VS Central	7:37.7	18:57.45	50
96	Matt Fertitta	9	East Meadow	7:37.8	18:57.75	
97	Ricky Zheng	10	Oceanside	7:39.0	19:00.70	51
98	Tyler Catapano	9	Massapequa	7:39.2	19:01.23	
99	Ben Coleman	11	Massapequa	7:41.6	19:07.28	
100	Jonathan Eliassof	11	Plainview	7:42.8	19:10.11	
101	Thomas Catalanotto	9	Massapequa	7:44.4	19:14.07	
102	Benjamin O'Brien	12	Port Washington	7:46.2	19:18.52	
103	Andrew Falzone	10	Port Washington	7:46.4	19:19.05	
104	Justin DeDonna	9	Oceanside	7:47.0	19:20.74	52
105	Jason Singh	9	Massapequa	7:47.4	19:21.58	
106	Bryan Burke	10	MacArthur	7:47.9	19:22.78	53
107	Ryan Lindquist	11	Massapequa	7:49.8	19:27.51	
108	James Ferrone	9	East Meadow	7:50.1	19:28.24	
109	Mikee Villanueva	12	VS Central	7:52.3	19:33.87	54
110	Nathaniel Chan	11	Hicksville	7:52.7	19:34.69	55
111	Joseph Clateman	10	Port Washington	7:54.2	19:38.59	
112	Philip Iaccarino	12	Farmingdale	7:56.3	19:43.64	56
113	Robert Drayton Jr.	9	Freeport	7:57.6	19:46.86	
114	Dominick Valente	9	MacArthur	7:58.1	19:48.20	57
115	Ryan Harran	11	Hicksville	8:01.8	19:57.38	58
116	Athony Corsi	12	Farmingdale	8:02.0	19:58.01	
117	David Oropeza	12	VS Central	8:04.9	20:05.23	59
118	Joe Wallace	10	MacArthur	8:06.3	20:08.61	60
119	Chris Russo	9	MacArthur	8:06.4	20:08.94	61
120	Robert Meredith	12	Baldwin	8:06.6	20:09.42	
121	William Kleeman	9	Massapequa	8:08.8	20:14.90	
122	Patrick Cruz	9	East Meadow	8:08.9	20:15.16	
123	Ryan Wilde	9	Massapequa	8:14.4	20:28.60	
124	Erik Fragoso	11	Freeport	8:15.7	20:31.84	
125	Thomas Blocker	9	Oceanside	8:19.5	20:41.51	62
126	Nobutora Iyoda	11	Syosset	8:19.8	20:42.07	
127	Joseph Badalamenti	9	Farmingdale	8:28.4	21:03.52	
128	Thomas Yaeger	10	Farmingdale	8:30.8	21:09.49	
129	Daniel Castro	9	East Meadow	8:49.3	21:55.41	
130	Sean Harkins	9	Oceanside	8:57.1	22:14.84	63
131	Jake Manyin	10	Oceanside	8:59.2	22:20.09	64
132	Richard Gakshteyn	9	East Meadow	9:13.8	22:56.24	
133	Zachary Kocienda	9	Massapequa	9:15.6	23:00.84	
134	Kanrien Hall	9	Freeport	9:39.4	24:00.04	
135	Christopher Sarandis	10	Hicksville	9:40.7	24:03.17	65
136	Giancarlo Consiglio	9	East Meadow	9:41.8	24:05.85	
137	Scott Frasse	9	Massapequa	10:00.2	24:51.64	
138	Tristan Kowalski	9	East Meadow	10:25.4	25:54.23	
139	Andrew Goetz	9	East Meadow	11:05.4	27:33.82	
140	Joshua Gallo	9	East Meadow	11:05.4	27:33.82	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 1 Results 4000 Run

1 Syosset	15	1	2	3	4	5	6	7
Total Time:	1:13:32.31							
Average:	14:42.47							
2 East Meadow	64	8	9	14	16	17	24	35
Total Time:	1:19:46.84							
Average:	15:57.37							
3 Port Washington	78	10	13	15	19	21	22	28
Total Time:	1:20:46.69							
Average:	16:09.34							
4 Massapequa	117	12	20	26	29	30	32	34
Total Time:	1:22:18.97							
Average:	16:27.80							
5 Plainview	133	11	23	27	31	41	43	46
Total Time:	1:23:23.67							
Average:	16:40.74							
6 Farmingdale	157	18	25	37	38	39	45	56
Total Time:	1:25:20.65							
Average:	17:04.13							
7 MacArthur	239	33	36	53	57	60	61	
Total Time:	1:33:33.22							
Average:	18:42.65							
8 VS Central	251	40	48	50	54	59		
Total Time:	1:34:53.83							
Average:	18:58.77							
9 Oceanside	256	44	47	51	52	62	63	64
Total Time:	1:35:36.81							
Average:	19:07.37							
10 Hicksville	269	42	49	55	58	65		
Total Time:	1:40:17.57							
Average:	20:03.52							

Conference 3 Results 4000 Run

1 Harrison Barsky	11	Manhasset	6:05.8	15:09.03	1
2 Matthew Sears	12	Manhasset	6:09.1	15:17.22	2
3 Louis Scavelli	12	VS North	6:14.0	15:29.51	3
4 Jonathon Martinez	11	VS North	6:20.4	15:45.39	4
5 Joseph D'Elia	11	VS North	6:21.3	15:47.64	5
6 Joseph Mangione	11	VS North	6:22.8	15:51.30	6
7 George Yiachos	12	Manhasset	6:25.5	15:58.15	7
8 James Grant	10	Manhasset	6:26.8	16:01.30	8
9 Luke Boyer	10	North Shore	6:28.1	16:04.52	9
10 Zachary Gladstein	9	Hewlett	6:28.6	16:05.81	10
11 Michael Lee	10	Manhasset	6:29.9	16:08.91	11
12 Guido Modano	10	Manhasset	6:31.0	16:11.71	12
13 Austin Plankser	12	Manhasset	6:32.1	16:14.53	13
14 Luke LaSpina	10	Manhasset	6:33.4	16:17.64	
15 Daniel Cizmarik	10	Manhasset	6:33.5	16:17.99	
16 Daniel Quinn	11	Manhasset	6:38.7	16:30.94	
17 Ethan Loring	9	North Shore	6:40.2	16:34.49	14
18 Steve Chen	10	Manhasset	6:41.1	16:36.73	
19 Christian Cruz	10	VS North	6:42.4	16:40.04	15
20 Yanni Akhavan	9	Hewlett	6:43.9	16:43.81	16
21 Andrew Douglas	11	North Shore	6:44.1	16:44.29	17
22 Daniel Ready	12	Manhasset	6:46.7	16:50.85	
23 Christian Cullather	9	Manhasset	6:47.5	16:52.76	
24 Ryan Watson	9	Manhasset	6:50.9	17:01.17	
25 Collin O'Sullivan	9	North Shore	6:51.2	17:01.97	18
26 Tyson Morgano	11	Manhasset	6:51.6	17:02.99	

27	Matt Salditt	11	North Shore	6:52.6	17:05.37	19
28	Joseph Meyer	11	Manhasset	6:52.9	17:06.08	
29	Keith Dusling	10	Roslyn	6:53.0	17:06.31	20
30	Nicholas Murray	10	Roslyn	6:53.5	17:07.55	21
31	Thomas Elbert	11	VS North	6:55.5	17:12.73	22
32	Liam Maliner	9	South Side	6:57.6	17:17.81	23
33	Aidan Caggiano	9	Manhasset	6:57.7	17:18.18	
34	Anthony Varnas	11	Manhasset	6:58.7	17:20.49	
35	Robert Petruso	12	Manhasset	7:02.2	17:29.32	
36	Alec Boyer	10	North Shore	7:03.0	17:31.38	24
37	Tyler Kiser	11	VS North	7:03.7	17:32.97	25
38	Christopher DeFalco	12	South Side	7:04.4	17:34.69	26
39	Joseph Quigley	12	South Side	7:09.8	17:48.27	27
40	Brandon Stein	10	South Side	7:10.5	17:49.92	28
41	Thomas Butcher	10	Manhasset	7:12.4	17:54.74	
42	Sammy Zhong	12	Great Neck North	7:14.1	17:58.79	29
43	Adam Chin	10	Roslyn	7:14.7	18:00.29	30
44	Leo Gorgone	11	Great Neck North	7:15.8	18:03.04	31
45	Gregory Ilg	12	Manhasset	7:16.5	18:04.89	
46	Walter Stackler	9	Manhasset	7:17.3	18:06.89	
47	Jack Boyle	9	Manhasset	7:17.4	18:07.13	
48	EJ Fuks	12	Great Neck North	7:19.1	18:11.35	32
49	Nick Christian	10	Lynbrook	7:19.2	18:11.61	33
50	Justin Cano	10	Bethpage	7:19.5	18:12.36	34
51	Michael Luvin	9	South Side	7:19.7	18:12.67	35
52	Elia Alberts	9	North Shore	7:20.0	18:13.54	36
53	Decker Paterson	9	Manhasset	7:21.2	18:16.57	
54	Joseph Busching	11	South Side	7:22.8	18:20.57	37
55	Joe Macnair	9	South Side	7:24.4	18:24.55	38
56	Daniel McNeary	9	Manhasset	7:25.0	18:26.02	
57	Oscar Varela	9	North Shore	7:26.7	18:30.13	
58	Daniel Rutkofsky	9	Roslyn	7:26.9	18:30.57	39
59	Trevor Danna	10	VS North	7:27.3	18:31.54	
60	Hassan Raja	9	VS North	7:28.5	18:34.55	
61	Chris Janusas	12	North Shore	7:28.9	18:35.74	
62	Justin Louie	9	Manhasset	7:31.5	18:42.20	
63	Scott Klein	9	North Shore	7:33.1	18:45.99	
64	David Liu	9	Manhasset	7:33.2	18:46.44	
65	Stephen Donnell	11	Manhasset	7:34.2	18:48.79	
66	Paul Lonergan	11	South Side	7:34.6	18:49.79	
67	Patrick Rudolph	11	South Side	7:35.3	18:51.51	
68	James Ficano	10	Manhasset	7:35.7	18:52.61	
69	Dylan McGinley	9	North Shore	7:35.9	18:52.99	
70	Eric Furman	9	Hewlett	7:36.8	18:55.15	40
71	John Scala	12	VS North	7:40.6	19:04.61	
72	Michael Schwartz	9	Lynbrook	7:40.8	19:05.19	41
73	Matthew Casserly	9	VS North	7:41.0	19:05.77	
74	Eddie Syn	11	Great Neck North	7:41.4	19:06.60	42
75	Michael Romano	10	Bethpage	7:42.0	19:08.19	43
76	Justin Li	10	Manhasset	7:44.4	19:14.28	
77	Andrew Jedd	12	Bethpage	7:45.4	19:16.72	44
78	Timothy Charles	12	Bethpage	7:47.7	19:22.40	45
79	John Fruhauf	10	Manhasset	7:48.0	19:23.12	
80	Dylan Eagle	9	Lynbrook	7:48.2	19:23.65	46
81	Curwin Ng	11	Great Neck North	7:48.7	19:24.82	47
82	Matthew Tringali	10	Plainedge	7:48.8	19:25.06	
83	Aaron Hakimi	9	Great Neck North	7:52.0	19:33.03	48
84	Brendan Ferrick	12	South Side	7:54.0	19:37.92	
85	David Liu	10	Great Neck North	7:58.0	19:47.86	49
86	Jonathan Brill	9	Roslyn	7:58.3	19:48.65	50
87	Andrew Ventura	9	South Side	8:01.5	19:56.66	
88	Nathan Yang	11	Roslyn	8:03.3	20:01.17	51
89	Austin Lee	9	Roslyn	8:03.8	20:02.46	52

90	Kein Hurtado	10	Bethpage	8:04.1	20:03.03	53
91	Christian Krupa	9	South Side	8:07.2	20:10.76	
92	Jake Gus	10	Lynbrook	8:09.0	20:15.38	54
93	Zachary Miller	9	Roslyn	8:09.8	20:17.21	
94	Bryan Coquia	10	VS North	8:12.2	20:23.25	
95	Justin Fliegel	9	Hewlett	8:13.2	20:25.86	55
96	James Verschleiser	9	Hewlett	8:14.7	20:29.42	56
97	Harrison Russo	10	Lynbrook	8:16.6	20:34.26	57
98	Jack Cheney	9	South Side	8:17.1	20:35.33	
99	Romanelli Taylor	11	Lynbrook	8:17.2	20:35.69	58
100	Max Nussbaum	11	Roslyn	8:18.1	20:37.83	
101	Dan Minsky	9	North Shore	8:19.1	20:40.52	
102	Springsteen Dan	12	Lynbrook	8:19.7	20:41.78	59
103	Arihant Jain	12	Manhasset	8:20.7	20:44.42	
104	Kenny Hoefer	10	South Side	8:22.1	20:47.97	
105	Benjamin Thomson	10	VS North	8:23.1	20:50.40	
106	Justin Ng	9	Hewlett	8:23.8	20:52.21	60
107	Joshua Nourlyelian	9	Great Neck North	8:24.8	20:54.59	
108	Andrew Schornstein	9	Hewlett	8:25.4	20:56.17	61
109	Jacob Berlin	9	North Shore	8:26.4	20:58.53	
110	Jesse Gutstein	9	Lynbrook	8:28.2	21:03.06	
111	Kai Weinkauff	10	Lynbrook	8:29.7	21:06.63	
112	Zach Lee	10	Lynbrook	8:30.1	21:07.76	
113	Thomas Postiglione	10	Lynbrook	8:34.2	21:17.82	
114	Jack Sullivan	10	Manhasset	8:34.2	21:18.05	
115	Jonah Rothafel	11	Lynbrook	8:37.7	21:26.63	
116	Carter Cosgrove	10	South Side	8:39.6	21:31.42	
117	Christopher Liotta	9	Roslyn	8:40.9	21:34.62	
118	Ethan Haber	10	Roslyn	8:41.2	21:35.30	
119	Bobby Frankini	9	South Side	8:41.4	21:35.86	
120	Matthew Chimento	10	VS North	8:42.5	21:38.62	
121	Ryan VanAllen	10	Glen Cove	8:42.9	21:39.63	
122	Daniel Hillel	9	Hewlett	8:44.5	21:43.60	
123	Ryan Martirano	10	South Side	8:45.5	21:46.05	
124	Alex Arad	9	Hewlett	8:46.7	21:49.07	
125	Nathaniel Eisenberg	9	Hewlett	8:46.9	21:49.43	
126	Justin LI	11	Roslyn	8:47.0	21:49.69	
127	Jared Samet	10	Roslyn	8:52.5	22:03.49	
128	Amony Solid	9	Hewlett	8:55.2	22:10.05	
129	Justin Schoenfield	9	VS North	8:56.6	22:13.51	
130	Louis Halprin	9	Hewlett	8:59.8	22:21.64	
131	Alex D'Alessandro	10	Bethpage	9:03.2	22:29.92	62
132	Dennis Shin	10	Bethpage	9:09.1	22:44.71	63
133	Brian Gomberg	9	Lynbrook	9:12.2	22:52.28	
134	Mark Kashani	10	Roslyn	9:12.6	22:53.46	
135	Josh Schaffer	10	Lynbrook	9:14.6	22:58.45	
136	Brandon Crofts	11	Lynbrook	9:16.2	23:02.38	
137	Brian Parpan	9	Plainedge	9:17.2	23:04.91	
138	Bryce Roth	9	North Shore	9:19.5	23:10.61	
139	Connor Hehn	11	North Shore	9:29.2	23:34.63	
140	Ethan Baron	9	North Shore	9:34.3	23:47.36	
141	Kyle Nitzsche	9	Glen Cove	9:52.6	24:32.71	
142	Doug Braun	11	Lynbrook	9:55.7	24:40.61	
143	Owen O'Leary	9	South Side	9:58.3	24:46.93	
144	David Palencia	10	Roslyn	10:06.4	25:07.13	
145	Marc Levine	11	Lynbrook	10:07.1	25:08.73	
146	Hayden Gise	9	Hewlett	10:23.7	25:50.07	
147	Jason Tanner	10	Great Neck North	10:28.2	26:01.36	
148	Greg Turovsky	9	Hewlett	10:43.3	26:38.73	
149	Giovanni Diana	12	Glen Cove	10:58.7	27:17.01	
150	Patrick Morely	9	North Shore	11:00.8	27:22.28	
151	Nicholas Field	9	Hewlett	11:05.4	27:33.82	
152	Rafael Hakimian	12	Great Neck North	11:05.4	27:33.82	

